



Relationships and Sex Education Policy

ST OSWALD'S CATHOLIC PRIMARY SCHOOL

A Policy for Relationships and Sex Education

Date of Policy:- November 2016

Aims and Objectives:

The purpose of relationships and sex education within St Oswald's Catholic Primary school is to provide:-

- children with the knowledge, skills and attitudes which promote lifelong effective, safe and positive relationships underpinned by Catholic values and attitudes
- an understanding and appreciation of the benefits of self care, hygiene, emotional wellbeing and self control
- knowledge and understanding of relevant elements of growing up and maturity which respond sensitively and appropriately to physical and emotional development
- a proactive response to local need

Moral and Values Framework.

St Oswald's is a Catholic Primary School which is underpinned by the teachings of the Catholic Church and is guided by the direction of the Archdiocese. The aims and objectives of our Mission Statement encapsulate our moral framework, which serve to empower children to become responsible citizens, which enable them to make informed choices and pursue a fulfilled and active role at home, in school and in the wider community whilst celebrating the good news of Jesus on our journey of faith and understanding.

As a Catholic School underpinned by Gospel values, the dignity of human life is paramount in all aspects of our teaching. This is reflected in the promotion of positive, caring, sensitive and forgiving Christian relationships with each other throughout the school community, the home and the wider community. Importantly the development of self esteem, self belief, self control, self respect and self love are taught as the necessary foundation stones for the building of positive interpersonal relationships.

Legal Obligations

Our Relationships and Sex Education Policy is in accordance with Government guidelines. The policy has been produced in consultation with staff, Governors and Parents and has been compiled under guidance from the School's Health Team and NHS guidance.

Parents are informed about the relationship and sex education programme and are informed about the right to withdraw their children from the programme.

This policy is reviewed on an annual basis in conjunction with the appropriate stakeholders.

Schemes of Work

Relationships and sex education is delivered within the curriculum areas of Science, PHSE, Citizenship and Religious Education. School follows the National Curriculum programmes of study Religious Education follows the Archdiocesan Come and See Programme. In Years 5 and 6 children follow the 'All That I Am' programme which is delivered by the School Health Adviser, the Class Teacher and the Class Teaching Assistants

The Organisation of Relationships and Sex Education

The Leadership Team is responsible for the co-ordination of relationships and sex education. It is delivered through a range of cross curricular teaching opportunities which will include Science, Religious Education, PHSE and Citizenship. When appropriate, outside agencies and visitors will be used to help deliver our programmes. Teaching methods will include whole class, small groups and mixed gender groupings. In Year 5 and Year 6 the 'All That I Am' curriculum will be delivered in conjunction with School Health, it will be taught in single gender groups for discussion opportunities. Difficult questions are handled sensitively with responses underpinned by our Catholic ethos and the National Curriculum Programmes.

Parents are informed of their right to withdraw children from the programmes. Opportunities are provided to discuss the programme with parents and for parents to view the programme. Children are reminded that disclosures are confidential, however, they are aware that sometimes a serious issue may be disclosed which must be passed on to other individuals in accordance with our Child Protection Policy.

St Oswald's is an inclusive school that promotes equal opportunity for all. When appropriate, relationships and sex education is adapted and differentiated to meet the individual needs of specific children and parents. Please refer to our inclusion policy and access policy.

Monitoring and Evaluation

This policy is monitored on an annual basis by staff, governors and parents through consultation and discussion with the Curriculum Committee, Parents Forum and Staff. The reviewed policy is then disseminated to parents for information purposes.